



Media Kit - *Les McGehee Plays Well With Others: A “Grown-Up” Handbook of Improvisation and Play*

II. Main Press Release

Dalton Publishing announces the release of Les McGehee’s *Plays Well With Others, A “Grown-Up” Handbook of Improvisation and Play*. (Trade paperback, 208 pages, \$15.95)

Life is a lot easier if you know how to play.

That’s the not-so-secret message in this groundbreaking book that dishes all the insider skinny of the world of improvisational comedy.

And the biggest secret is how these methods can be used to improve your business and personal life! Les explains how you can find success, have fun, and get better-looking through play, especially improvisation.

This is the first in a series of books Dalton will release with McGehee on the fascinating and practical world of improvisation.

McGehee is a comedian and pioneer in improv with more than 20 years of experience entertaining folks from the boardrooms of multinational corporations to the battlefields of the Middle East. He was a founder of the Comedy League of America (ComedySportz), National Comedy Theatre, IMPROVMBA, and other companies and toured with the National Comedy Theatre’s “Tour for the Troops” in 2004 and 2005. He has provided improv training to Fortune 500 companies including AT&T, IBM, and Dell, as well as government agencies and prestigious graduate schools of business.

This breezy how-to is part autobiography and part field guide and handbook on the basics and the secrets of living an improvisational life. In a refreshingly straight forward style McGehee leads smiling readers through the fields of play that have proven to be practical, life-enhancing methods for providing better communication, higher efficiency, super morale, bigger profits, and an overall healthier, happier and more fun workplace and home life!

And he backs up his claims with statistics! Who would have thought that being in the moment and leading a life without a script or a schedule would be a formula to happiness and success? Yet, time and again McGehee shows how it is done and how the most advanced business and government programs are following his lead.

This book will appeal to business leaders, entrepreneurs, educators, trainers, professional

and amateur comedians, ministers, artists, and just about anyone who wants to be healthier, happier, sexier, and a damn sight less tense. Lighten up! Your life is so much better when you play well with others!

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